

Compensation • Fund

**Social distancing is unnatural for many.** In times of uncertainty and perceived danger, we naturally flock together. However, now what we do by instinct is potentially dangerous and it all feels very unnatural!

Until COVID-19 has run its course, **Telehealth is a great alternative for those seeking in-person counseling services.** 

Confidential counseling services are available to you, your spouse and your dependents through the First Responders Assistance Program at NO COST to you.

## **Contact us today!**

1.800.779.6125 info@connectionseap.com www.connectionseap.com username: sdmlemp password: eap

